



Children's access to play in school

National Adaption Plan

Action Plan

POLAND

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Author(s)	Kamil Maciaszek and Agata Hofman
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National Adaption Plan – Action plan

1. Rationale

The National Adaption Plan is the description, how to implement CAPS – Childrens´Access to Play at school strategy within the partner countries during the lifetime of the project and beyond.

Informed by the desk research and the field research every partner country set up an adapted masterplan that fits best to the Country and the Organisations involved.

Common ground of all these National Adaption Plans is to improve the quality of play and therefore the quality of school system in each partner country. Because of the very different conditions and frameworks in National school systems and capabilities of partner organisations these plans differ in strategies and concrete steps to reach the common aim.

2. Implementation at school level

In order to properly select schools for the pilot project, the project has created preliminary guidelines that the facility must meet to enable the implementation of free play solutions. They have been briefly presented in 4 points below:

TEREN- Each school needs a football pitch (natural or artificial) or a green field with an area of not less than 200 square meters. Most schools in Poland have such an area, which makes it possible to introduce free play to them. The second requirement is the possibility to finance a steel container with a minimum area of 15 square meters. The preparation of the area for the implementation of Play-Poda, in consultation with the Play-Leader and the Directorate of the facility will be taken care of by Kamil Maciaszek. Experience gained in working with young people, a modern approach to teaching and uninhibited willingness to change, will allow to individually adjust the school space to the needs of a given institution and its pupils.

TRAININGS - Training in the subject of free play will be prepared by the participants of the project, ie Agata Hofman and Kamil Maciaszek, and presented in three variants. The widest variant, covering at least 10 hours, will be prepared for school principals and for Play-Leaders in each school. The shortened version will be presented to teachers from selected schools and the Parents Council (approximately 5 hours). The basic version will be prepared for parents and students. (about 2.5 hours)

3) PUPIL PREPARATION - The simplest way to implement students to the Free-Sport program is to use 1 of the 4 hours of Physical Education in a week. The re-

routing of classes is in the management of each school and will be determined with Play-Leader and teachers of Physical Education.

4) LEGAL ASPECT - The issue of health and safety regulations will be an important element of training at each of the three levels. As part of the CAPS project, detailed requirements will be prepared, which must be met by the area where children will play. Regarding the school, the issue of renewing first aid training among school teachers and procedures in the event of an accident will lie.

3. Activities on Strategic level

Please describe here, which other activities you plan, especially at strategic level, on promotion and influencing school policy (e.g. disseminating play, lobbying, further activities, etc.).

(+ /- 1-2 pages)

From February 2018 to August 2018 talks are held with the local city authorities: the President of the City of Gdańsk, Paweł Adamowicz, Vice-President Tomasz Kowalczyk and the Director of the Social Development Department Grzegorz Szczuka. There were meetings during which the following preliminary schedule for the implementation of free play in public schools in Gdańsk was established:

A visit to Bristol and schools using OPAL solutions - pre-set on July 9, 2018, but had to be canceled due to urgent business matters. Representatives of the city authorities will go there on another date. Details of the meeting will be agreed with Karen Benjamin and Wendy Russel -

2. Gabor Pall from the Roger's Foundation from Hungary, prof. Tomasz Frołowicz - Vice-Rector of AWFIS and Michael Follett - founder of OPAL. (<https://uk.linkedin.com/in/michael-follett-b994b033>). The training schedule is scheduled from September 2018 to August 2020.

3. A preliminary outline of the training of the school in Gdańsk was established. As suggested by the director Grzegorz Szczuka, starting from 5 - 15 socially active directors who want to enter the project.

4. On September 30, 2018, the model Play-Pod will be launched in Gedania 1922. Next, representatives of Sanepidu will be invited to develop formal possibilities of implementing Play-Pods to schools.

4. Timetable for 2018 and beyond

Please provide a detailed list for activities planned this year and a broad overview for upcoming years

Period	Activity
March 2018	
April 2018	<p>10.04, a meeting about free play with the participation of the President of the City of Gdańsk, representatives of alternative schools Montessori and Żyrafia Osada, representatives of Sanepidu,</p> <p>13.04 meeting about free play with the participation of the Director of the Provincial Sanitary Inspectorate, representatives of alternative schools Montessori and Żyrafia Osada,</p> <p>24/04 meeting for 150 school heads in the Pomeranian Voivodeship on the preparation of children for the future and the opportunity to introduce free play to schools in Gdansk</p>
May 2018	21.05 meeting with Vice-President Tomasz Kowalczyk and WRS Director Grzegorz Szczuka, establishing a plan for implementing free play in schools in Gdańsk
June 2018	
July 2018	
August 2018	22.08 a meeting for 200 certified teachers on the future education and key competences of the teacher and opportunities to introduce free play to schools in Gdansk
September 2018	10.09 Meeting with Grzegorz Szczuka and prof. Frołowicz about implementation in Gdańsk.
October 2018	
November 2018	

December 2018	
January – June 2019	
July – December 2019	
January – June 2020	